



Episode title: Ada, the Surgeon & the Headless Skeleton

Episode launch date: July 28

Program name: What We're Made Of: A Body Parts Storytime

Program Magician: Brian Muldoon

Subject

Today we will be exploring parts of the body by singing songs and reading books about the body.

Summary of Episode

Ada is an eight-year-old kid who wants to be a surgeon and artist when she grows up! Ada joins the Page Flipper Club at Brooklyn Public Library and librarians Rachel and Sheneatha, and gets to use the Whoa Gizmo, which matches her with the perfect book. Then, she gets to interview a real surgeon and artist and saves the day by fixing the head on Rachel's toy skeleton!

Recommended Clip from the episode

- Find and charge (if necessary) your speaker and the device from which you'll play the **Page Flippers** clip.
- The clip will appear as a "bonus" episode on the podcast feed (you can find it on [Spotify](#), [Apple Podcasts](#), [Stitcher](#), [RadioPublic](#), [Google Podcasts](#), etc.) or you can [preview the clip here](#)

Storytime Guide

1. Welcome Song - [Hello Everybody, Can You Touch Your Nose?](#)
2. Page Flippers talking points
 - Today's story time is all about the body!
 - This program is a companion to our new BPL podcast for kids. That podcast is called Page Flippers Take on the World, and it's designed to teach kids ages 4 to 10 about the world of work, with lots of jokes and fun songs.

- We'll give out postcards at the end of the program with a QR code so you can listen at home.
- 3. Book 1 - [There's a Skeleton Inside You!](#) by Idan Ben-Barak, illustrator Julian Frost
- 4. Song - [Everybody Knows I Love My Toes/Bones](#)
- 5. Song/Movement Activity - [This is Such a Simple Exercise](#)
- 6. Book 2 - [Give Me Back My Bones!](#) by Kim Norman, illustrator Bob Kolar
- 7. Song/Movement Activity - Head, Shoulders, Knees, and Toes (standard and bones version)
- 8. Book 3 - [I Ain't Gonna Paint No More!](#) by Karen Beaumont, illustrator David Catrow
- 9. Rhyme/Movement Activity - Color Rhyme
- 10. Closing Rhyme - Tickle the Clouds
- 11. Resource share
 - Hand out Page Flipper postcards so families can listen at home.
 - Share this book list with families, all about being a surgeon. You can even create book bundles from this list: <https://www.bklynlibrary.org/search?booklist=574620>

More, if you are inspired!

12. Craft Project/Grab and Go Kit idea - **X-Ray Handprints**

There are a couple of different ways to do this project depending on how messy you want to get and how simple you want to keep things.

Materials: white paint, paint brushes, black construction paper, white crayons or chalk, and paper towels, wipes, or something else to clean hands with

Optional Materials: spray bottle, cotton swabs, thin strips of white construction paper, scissors, glue

Instructions:

- a. Have participants, or their caregiver, trace the outline of their hand in white crayon or chalk on a piece of black construction paper. If using chalk, the kids can shade in their hand if they like.
- b. Using the white paint, participants or their caregiver will then paint white lines that resemble bones on the fingers and palm of the same hand they outlined.
- c. Participants then press their freshly painted hand inside the outline they drew, seeing where the painted bones fit inside their outlined hand.
- d. Clean hands while the x-ray handprint dries.

Alternate method 1:

- a. Have the kids paint their whole hand white and make a handprint on the black construction paper. Clean hands while the print dries some.

- b. Cut, or help participants cut, the cotton swabs or white paper strips into segments that resemble bones (this can be done ahead of time). Have the kids glue the segments inside of their handprint to create the hand's skeleton.

Alternate method 2:

- a. Fill the spray bottle with a mixture of white paint and water.
 - b. Have participants place their hand on the black construction paper. Spray the paint mixture over and around their hand to create an outline.
 - c. After the kids clean their hands, they can use paint, crayons, or cut pieces of cotton swab or paper and glue to create the bones in their outlined hand.
13. Related booklist [Format: Title: BKLYN Page Flippers Podcast: [Episode title] // Description: Here are some fun animal books for story time, to be read along with BPL's Page Flippers Podcast (Episode X).]
14. For more information on the Human Body check out [ScienceFlix](#), available with your library card!

Songs and Rhymes

Hello Everybody, Can You Touch Your Nose?

Hello everybody can you touch your nose, touch your nose, touch your nose?

Hello everybody can you touch your nose, touch your nose today?

Hello everybody can you touch your toes, touch your toes, touch your toes?

Hello everybody can you touch your toes, touch your toes today?

(Pat your head, tickle your belly...)

Everybody Knows I Love My Toes (second verse adapted by BPL's own Kat Savage)

Everybody knows I love my toes

Everybody knows I love my toes

I love my knees, my elbows, my shoulders and my nose

But everybody knows I love my toes

Everybody knows I love my bones

Everybody knows I love my bones

I love my brain, my heart, my muscles and my nerves

But everybody knows I love my bones

This is Such a Simple Exercise

This is such a simple exercise
And it's going to make us strong
This is such a simple exercise
And it's going to make us strong

Raise your arm up high
And count one two three
Bring your right arm down
And count one two three

This is such a simple exercise
And it's going to make us strong
This is such a simple exercise
And it's going to make us strong
(Raise your leg, jump up and down...)

Head, Shoulders, Knees, and Toes (standard and bones version)

Head, shoulders,
Knees and toes,
Knees and toes

Head, shoulders,
Knees and toes,
Knees and toes

And eyes and ears and mouth and nose.
Head, shoulders
Knees and toes,
Knees and toes

(introduce the names of the bones you're going to point to)

Skull, scapula,

Patella and phalanges,
Patella and phalanges

Skull, scapula,
Patella and phalanges,
Patella and phalanges

And sternum and humerus and femur and clavicle.
Skull, scapula,
Patella and phalanges,
Patella and phalanges

Color Rhyme

If your clothes have any red,
Put your finger on your head.

If your clothes have any blue,
Wiggle your toes inside your shoe.

If your clothes have any green,
Wave your hands so that you're seen.

If your clothes have any yellow,
Go ahead and touch your elbow.

If your clothes have any black,
Reach behind and pat your back.

If your clothes have any white,
Stamp your feet with all your might!

Tickle the Clouds

Tickle the clouds.
Now tickle your toes.
Turn around
And tickle your nose.

Crouch down low.
And reach up high.
Story time's over –
Wave goodbye!